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Beale member sings Tops In Blue tune

By Airman 1st Class Joseph De Vega 9th RW Public Affairs

A Beale airman will get the opportunity to show the world her singing skills as part of the Air Force Tops in Blue entertainment group after being selected recently.

Airman 1st Class LaToya Crawford, 9th Communications Squadron photographer, will join the TIB roster Wednesday after successfully completing a 10-day audition held at Lackland Air Force Base, Texas.

"This is a great honor, and I am very proud of her," said Tech. Sgt. Bill Evans, 9th CS visual information supervisor. "La Toya has always been my 'go to' photographer, and she will be missed."

The 21-year-old Texas native applied for Tops in Blue after she won Best in Show and Best Female Act at the talent show held at the community center. She said her family is her motivation.

"My biggest motivation is my family who always remind me that I have an overwhelming Lord's blessing," said Airman Crawford. "This opportunity will allow me to touch people's lives through songs and give military people hope to keep pressing forward in life."

Getting in TIB has been a goal for Airman Crawford ever since joining the Air Force.

"I first heard about the Tops in Blue program in basic training," said Airman Crawford. "I would sing for everyone in our flight and they would tell me I should join."

Although she progressed as a photographer, her love of singing has been noticed at work.

"I've known La Toya for a little over a year," said Sgt.

see BLUE, page 3

Safety and celebration ...

assurance, mans the grill at the safety fair barbecue April 2. The barbecue also celebrated Beale's selection as the Air Force winner of the CINC Installation Excellence Award. For more photos, see pages 12 and 13. (Photo by Airman 1st Class Joe De Vega)

2nd Lt. Jason Rhoads, 9th Communications Squadron quality

F/A-22 Raptor important to all airmen

By Master Sgt. Mark Haviland Air Combat Command Public Affairs

To Air Force people who do not fly or maintain aircraft, the oft-repeated characteristics of the F/A-22 Raptor, "stealth, supercruise, agility, integrated avionics, and supportability" probably mean about as much as "independent front suspension" and "aluminum alloy heads" mean to someone who is not really into cars.

Not much.

"So what," they might argue, "I'm just a (fill in duty title of choice). The F/A-22 isn't going to affect me or how I do my job."

But they would be wrong dead wrong — and what the "meanest, baddest bird on the planet," as it is described, contributes to America's warfighters, can be summed up in one word.

Survivability. It is a commodity other "legacy" fighters — the F-15 Eagle and F-16 Fighting Falcon — will be less likely to

provide in future conflict, according to senior leaders.

"I get a lot of comments on the F/A-22," said Gen. John Jumper, Air Force chief of staff. "Mostly they say, 'You know general, you guys are so good. The Iraqi air force threw its arms up and quit the first day of the war. They didn't even fly a single sortie. You had four guided surface-toair missiles fired during the entire war so you've got what you need. What's the problem?"

In response to that kind of

questioning, General Jumper often refers to two axioms: first, that you should not fight the last war; and that people who do not remember history are doomed to repeat it.

"Too many are content to rely, potentially for too long, on yesterday's technology in the majority of the aircraft we use to fight our nation's battles," said Dr. James G. Roche, secretary of the Air Force.

see RAPTOR, page 4

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Brig. Gen. Rudy Wright Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person. Remember, the most efficient way to solve a problem is to work with the relevant office and use the chain of command.

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Effective anti-terrorism takes everyone's involvement

By 2nd Lt. Darrell Peek 14th Security Forces Squadron

The March 11 train bombings in Spain, occurring 911 days after "9/11" on September 11, 2001, as well as the daily bombings in Iraq, illustrate the unwavering resolve of terrorists to attack those they fervently hate.

In response to these and past terrorist attacks, a great deal of time, effort and money has been spent gathering intelligence and attempting to safeguard ourselves as well as others. Yet, lives are unfortunately lost to the perpetrators of terror almost daily.

This leads many people to believe if terrorists really want to get us, they will. This is a rather fatalistic attitude, but it's pervasive throughout the world.

So how do we protect ourselves from those determined to harm us? What, if anything, can we learn from all of this violence?

First, terrorists will continue to innovate and adapt in an effort to strike at the heart of their sworn enemies, regardless of gender, age or military affiliation. Their goal is to terrorize

people into altering the way they or their governments do business. An election outcome was significantly affected by the bombings in

Moreover, terrorists are only limited by their imaginations. Although improvised explosive devices seem to be the weapon of choice, you can bet terrorists are working on new methods to murder innocent people and destroy property. Terrorists are continually working on the next 9/11.

The old rules and Force Protection Condition checklists cannot, on their own, provide the basis for antiterrorism efforts. I'm not arguing their value. They are necessary. However, it is imperative we innovate and adapt as the terrorists do.

We can no longer rely solely on numerically sequenced directives in the hopes of sending the terrorists somewhere else. These people are smart and will not attack us when we most expect it.

The most important thing we can learn is

see EFFECTIVE, page 10







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Airman 1st Class LaToya Crawford, 9th Communications Squadron photographer by day (left) and singer by night (right), was selected to join the Air Force Tops in Blue entertainment group after successfully completing a 10-day audition recently. (Courtesy photos)

BLUE from page 1 -

Evans. "There is not a day that goes by she is not singing or humming a tune in the building, so I suggested she try out for Tops in Blue because I think everyone should have the pleasure of hearing her perform."

Airman Crawford submitted a package and tape of her performing, which was endorsed by her squadron commander, to Erin Markus, 9th Services Squadron community center director.

The community center personnel helped Airman Crawford process and mail her package to Air Force entertainment in San Antonio. She flew to San Antonio for the worldwide talent contest, which Ms. Markus called the entertainment boot camp, which was composed of singing, dancing, instrumental and personality competitions.

"The audition was an experience of a lifetime for me," said Airman Crawford. "I met many people and did my best."

At the audition, she sang "I Have Nothing" by Whitney Houston with a live band.

"It was a great feeling to sing with a live band," said Airman Crawford. "I felt like I that will last a lifetime."

was famous."

After the performance, seven people including Thomas Edwards, TIB director, interviewed Airman Crawford.

Airman Crawford then returned to Beale where Lt. Col. Stephen Vanderhoof, 9th CS commander, notified her of her selection and gave her a report date for stage training.

After stage training, Airman Crawford will begin her one-year tour with TIB. For Airman Crawford, it will be another year away from her loved ones especially her fiancee.

"I know she will do well in Tops in Blue," said Airman 1st Class John Floyd, Airman Crawford's fiancee. "Her tour will not hurt our relationship."

Leaving Beale for TIB is an opportunity for Airman Crawford to showcase her talent and be an ambassador for the Air Force.

"We were very proud of La Toya," said Ms. Markus. "Becoming a member of Tops in Blue is an incredibly rewarding experience. She will make friends and memories

JATE CLOSURES

Three installation gates will be replaced over the next 6 months.

The gates affected are the Vassar Lake, Grass Valley and Doolittle gates. Each gate will be closed for approximately two months during construction.

Construction will begin with the Vassar Lake Gate starting Thursday, Grass Valley Gate June 15 and Doolittle Gate Aug. 15.

During Vassar Lake Gate construction, the Wheatland Gate hours will expand to 24 hours to accommodate traffic from that area.

Base personnel will receive notice of the closure and the measures taken for traffic from those areas through the High Flyer, basewide e-mail and the Beale Web site.

For more information, call the 9th Security Forces Squadron police services section at 634-2338 or e-mail PoliceServices@beale.af.mil.



Breathing easy ...

Lt. Col. Nanette Benitez, 9th Mission Support Group deputy commander, receives the Feather River Air **Quality Management District Award on behalf of** Beale Air Force Base from Larry Munger, Air Pollution Board chairman at the Yuba County Government Center Monday. Beale received the award for its proactive air program to reduce emissions. (Photo by Airman 1st Class Joe De Vega)

Website welcomes wants, wishes for CINC IEA dollars

By Senior Airman Tim Jenkins 9th RW Public Affairs

Beale was recently announced as the Air Force winner of the 2004 Commander-In-Chief Installation Excellence Award.

The award recognizes the outstanding efforts of the people who operate and maintain Department of Defense installations and who have done the best with their

Along with the recognition, however, comes a \$1 million award to be used on quality of life improvements.

Team Beale members are now invited through April 30 by Brig. Gen. Rudy Wright, 9th Reconnaissance Wing commander, to submit ideas on how to apply the award winnings to benefit the entire Beale community.

"General Wright estab-

resources to support the mis- lished the website to give selecting "CINC Award." Team Beale a chance to speak out," said Col. Jim Kolling, 9th Mission Support Group commander. "Everyone worked very hard to win the CINC award and they deserve a chance to make their inputs on what to do with the money to improve quality of life for our community."

People can submit ideas through the Beale Home Page under "hot topics," and

At the site, there is a list of previously suggested ideas. People can either select one of these ideas, or choose to type in their own idea of how to use the money. There is a limit of one vote per person.

Once the submission period has ended, all suggestions will be evaluated for cost, feasibility, sustainability and community impact. The wing leadership will then

make the final determination on which projects will be accomplished.

"Winning the CINC.\\\ award gives us an excellent opportunity to make Beale a better place for everyone," said Colonel Kolling. "The improvements made now will benefit the base for years to come. It's a very important decision and co everyone's opinion matters. I encourage everyone to submit their ideas."



RAPTOR from page 1

The Air Force has enjoyed some widely publicized successes in the Balkans, Middle East, and Afghanistan during the last decade and a half. However, people like Steve Dunn, a former weapons system officer who now serves as an air threat analyst for Air Combat Command, say that swift, one-sided victories against enemies who have not upgraded their arsenals for the last 15 years are not certainties in future conflicts.

"We've spent the last decade fighting an enemy in the Middle East (who) has tended to anchor our thoughts about what we need in the future," Mr. Dunn said. "If we use that as a lesson for the future, we're making a big mistake."

That potential mistake is poised to manifest itself in the form of next-generation fighter aircraft and integrated air defense systems that are already, or will soon be, available to governments willing to pay the price, he said

"You might have a starving population," Mr. Dunn said, "but you can pick up some advanced fighters."

Those "advanced fighters" include the latest Russian Sukhoi-series fighters and a handful of European-built aircraft that are all rolling off of the showroom floor with features that put them on par with, or ahead of, some Air Force aircraft.

"From time to time, we get our hands on these airplanes (the Russian Sukhoi-series) and we put our very



An F/A-22 Raptor and an F-15 Eagle fly over Virgina. The F/A-22's advanced features mean that the aircraft can get to targets faster and undetected, stay longer, get the first shot, and gather and share information in real time with other combatants. (Courtesy photo)

best pilots in them up against our very best pilots from the Navy, the Marine Corps, and the Air Force flying our own F-15s, F-14s, F-18s, and F-16s," General Jumper said. "The fact is that our guys flying their airplanes beat our guys flying our airplanes every single time." In a future threat environment, Mr. Dunn said stateof-the-art aircraft linked with equally advanced radar systems and surface-to-air missiles will present a fully integrated, overlapping, and redundant air defense. This will be a more than formidable challenge for America's legacy aircraft.

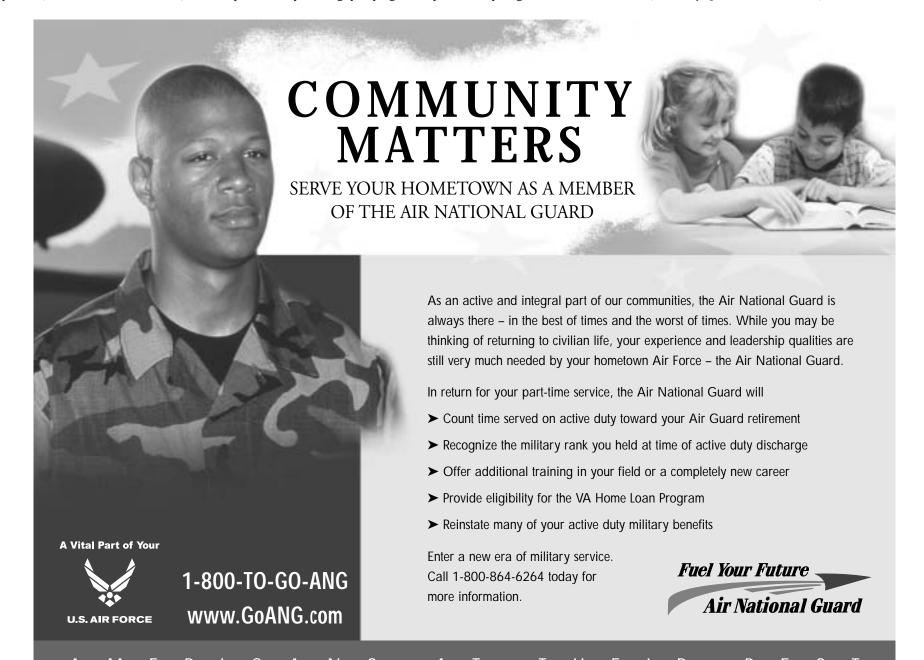
Secretary Roche and General Jumper, people who know the fickle nature of economics and politics make advanced technology ripe for proliferation, knowing where those challenges will materialize is not nearly as important as being prepared to face and defeat them.

"Not since Orville and Wilbur flew in December of 1903 have we operated an Air Force this old," said Gen. T. Michael Moseley, Air Force vice chief of staff.

In the aftermath of operations Desert Storm, Allied Force, and Iraqi Freedom, Air Force leaders no longer talk about air superiority; instead, they often refer to "air dominance."

"...It's different from the old concept of air superiority where we kept the (sky) clear of things that might drop bombs on our Soldiers, Airmen and Marines on the ground," General Jumper said. "It's this notion of dominance that allows us first to get into the place we're trying to go to — to kick down the door or be part of kicking down the door — and allows us to operate at the times and places of our choosing."

(Courtesy of ACC News Service)



060 Merchandise/Misc

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1998 Toyota Tacoma 4x4 2dr. 4 cyl. 5spd. CD. PS. PB. Tint.Flowmaster Exht. 89K mi \$8,500 obo 530-713-0761 0r 530-741-0636

2002 Ford Focus ZX3. 25,000 miles/5 SPD/Electric Blue. 2003 BMW M3 mirrors, Euro clear corners, hyper white lights, limo tint. 30,000 mile B to B warr/100,000 mile drive tran warr. \$8,500 OBO (530) 680-7541

1972 Chevy C 20 p/u Auto trans, 400 cu/in small block. AC, Trans oil cooler. Nice paint, interior professionally redone, Aftermarket rims and new tires. Cherry Bomb Mufflers, "Rams head" dual exhaust, drive shaft rear axle and rear-end rebuilt in 2002. Approx 78K on current engine. \$4500 788-7276

1994 Sea Doo SPi, w/trailer. 2 seater, includes 2 vests. This boat is totally tricked out. Low hours on rebuilt(2000), 90+hp(580cc)motor. 0-50 in 4 sec, tops out @ 50+ mph(radar gun). Too many ameneties to list. A bargain for the summer. \$2000 OBO. Call Brian 743-8954

1969 VW BUG- NEW PAINT, ENGINE, CARB AND DASH. RUNS AND DRIVES GREAT! MUST SEE TO APPRECIATE. MANY EXTRA'S \$1500. CALL HUDSON @788-0891

1998 honda civic Dx Hatchback for sale. 75 k miles on it. Many extras: rims, exhaust, intake, rotors, light upgrades, and much more. Asking 8 obo. Available stock for 7. call chris 530 788

070 Vehicles for Sale

98 Ford Ranger Extended Cab 4x4, Green, 5 speed manual transmission, 123,000K, \$3000 Call 788-0308 or 300-7323

92 Aerostar, Tan, 5 speed (newly rebuilt) manual transmission, 106,000K, 10 CD changer, A/C needs fixed Call 78,008 or 300-7323

1999 pontiac grand-prix 4-door leather interior, chrome factory rims cd-player, powered driver seat, powered windows, new tune-up, brand new fan belt, oilchange looking for someone to take over payments. \$2000 obo. pcsing most sell by the end of the month call 788-7545 for more info

84 Chevy S-10 Longbed w/shell 2.8 V6 190,000 mi, needs minor work, but great around town. Blue Booked at 1,315.00, asking 1,000.00 OBO. Contact Dennis at 788-0651 or 713-3105

2002 Honda Shadow 750, black with lots of chrome, only 900 miles \$4,800 (530)751-1931 (530)713-1457

070 Vehicles for Sale

WORKMASTER TRUCK SHELL. \$150. White, 3-door, built in shelf, & solid! 80" x 66". Call for more info. 788-7770

1993 Nissan 300ZX, Great condition, 103k miles. Leather interior, T-Tops, Alloy wheels, air, automatic transmission, power windows&locks, AM/FM cassette. 8000.00. Well below retail. 530-933-6490

TIRED OF HIGH GAS PRICES? 1990 Toyota Tercel, Auto trans, cold A/C, New radiator/battery, new timing belt and new tires. Ave 32 miles per gallon. Makes an excellent 2d car. \$2700 o/bo. Call 755-6523

'99 Chevrolet K1500 Z71
Extended Cab Truck. Runs
GREAT!!!Must go PCSing to
Germany. \$15,000 or Best offer.
Please call Christina or Will at
788-2972 or e-mail
william.hock@beale.af.mil



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High Flyer Classified SHOP & SAVE

Your ad will not be placed unless it includes your full name, rank and day and evening telephone numbers.

Please log on to

http://highflyer.theunion.com/classifieds Deadline: Tuesday 4:30 p.m. for the following Friday's edition. and follow the instructions.

Office hours are Monday - Friday, 8 a.m. to 4:30 p.m.

010 **Notices**

Well i'm finally leaving. Stepahnie Cummins, Estrella & DeAngelo, Teri and Jason, Ashley Hornbuckle, Tammy Fritsch, MOPS; it was a pleasure watching all of your children, they're incredible. Hope everything goes well for you guys; hug the kids for me! Thanks, Tabitha :)

Eric Andrew and Jason, Have a wonderful Easter. I will miss you and be thinking of you. Hope you find lots and lots of eggs.Be good boys for mummy...All my ľove Daddy xxxx PS sée you in about 170 days xxxx

I am looking for a young female rottweiler pup for conpanionship and protection. If you are going PCS and are looking for a good home for your pup please call me. 673-6915 leave message

Free Personality Test or call 530-886-0650

020 **Services**

PCS CLEANING! Short notice, partial and off base cleaning is ailable. Call for an estimate Darcy 788-1112.

Are you looking for a certified Babysitter? Well you found one! My name is Christina I am 12 years old almost 13, and very good with kids. For more information call 788-0806. Have a great day!

Have a relaxing PCS move, call me and I will do your cleaning for a reasonable price. I will do off base as well as on base PCSing, and do weekly/monthly/bi-weekly cleanings, call 788-0728/300-5366 for a reasonable price

"AMERICAN LAWNS" 788~7245 "MISSY'S ALTERATIONS" 788-7245

040 **Real Estate For Sale**

For Sale 1300 SqFt Townhouse/ Oiuet area in Marysville. Very Clean. 2 Large rooms 1 1/2 bath. 2 car covered parking. Pets welcome. 132k call 749-7480

Home right next to the new K.B Homes in the nice neighborhood of Olivehurst. 15 Minutes from the base on Highway 65. 3bd 2fullbath 2wall AC new kitcher and bath. Please drive by and take a look (1863 BAUGH STREET, Olivehurst) Ready to rent in May for \$1200/month, or 1yr-term for \$1100/month. ETHANHSTST@AOL.COM

050 **Rental Property**

ROOMMATE NEEDED ASAP!!!!! 2 bedroom apartment, balcony pool and laundry on property, gated community. \$350 per month plus half utilities. Move in immediately. April's rent prorated. Please call 933-1912 for info, leave message if necessary.

New large 3bdrm, 2bth 1/2 plex centrally located in YC near shopping, coffee shop and racquetball club. Includes central H/A, ceiling fans, washer/dyer, microwave, refrigerator. 2 car garage. Front lawn maint. pd. \$1125/\$1000dep nonsmoker Michael 713-7847

Room For Rent \$450 + 1/3 utilities. \$350 Security deposit New Yuba City home. Must be neat, non smoker and like animals, 751-7267, leave message

Room For Rent \$450 + 1/3 utilities, \$350 Security deposit New Yuba City home. Must be neat, non smoker and like animals. 751-7267, leave message

\$1200/mo+dep on lease. Wildwood. immac, 3bd, 2ba home.
Convenient to lake & clubhouse. N/S/pets. 650-948-4118//432-9295

LOVELY 3bd, 2ba home in Terabuena area, schools, central frplc, sprinkler sys, beautiful fenced yard, \$1300/mo. 530-432-1952

055 Pets

FREE TO GOOD HOME--Approx. 4 year old black and white female cat. Fixed, front declawed. Oreo was bottle fed from 1-2 days old and has become a part of the family. Unfortunately, I can no longer keep her due to divorce. Please call 933-1912 for more info, leave message if necessary

Pet Sitting by Woody, your neighborhood professional pet sitter is availiable for all your pet sitting needs. A great alternative to kenneling. Call Anna today for a getting aquainted visit at 788-9202 or 933-7028. Bonded and Insured

1 large dog kennel 50.00 1 large wire dog kennel 30.00 2 large dog houses 25.00 each 788-1188

055

FREE!! 10 month old cat, grey and white. Very good with other cats and kids and she is house broken. We just had a child and don't have the time to give her enough attention. Call Tim or Jill anytime at 788-7603. please help us out, we don't want to take her to the pound. and she has all of her shots

057 **PCS/Yard Sales**

YUBA City - Big Yard Sale: Sat & Sun, 8am-? 1522 Tres Picos Dr, off Stabler furn, baby items, VHS

Yard sale:Saturday April 10 8:00 to 12:00. At 4099 Terrace Way. 788-7553

Yard Sale 5266 A Bonanza Ct. on Sat April 10 from 8 -12 Lots of Boys clothes in sizes newborn-4T and toys, daybed and toddler bed and more.

PCS Yard Sale: Sat April 10th, 8am-Noon, 3555 Dumosa Way. 114 foot chain link fence+wooden gate, swing set, play castle, tons of children clothes & toys, much more. 788-2001

GIANT YARD SALE Sat 8:00 -12:00AM, 6274 Trevor Dr, Linda off Hammonton-Smartville Rd Aquarium, Roll top desk, Clocks Lamps, Mirrors, Tables, videos, CD/cassettes, Toys, Tons of household items, Free gift with every sale. 741-3777

PCS/Yard Sale Sat April 10 from 7-12 @ 5275A West Gold Ct. Tons of nick nacks & Tons of toys no early birds please.

Carpet for 4 bedroom GOLD COUNTRY house. It can be picked up "MAY 27". Comes from a Non smoking and no pets in house. Capert is in GREAT shape and has padding also. Call if iterested. 788-1040

GARAGE SALE Lots of baby stuff for in great cond. for a steal, adult, kids, maternity clothing, books, toys (rescue heros), tools etc. Sat. 10 Apr/8am-2pm @ 3983 Echo way,off of Grand and East Garyanna.

SATURDAY, APRIL 10 HIYARD SALFIILLOTS OF STUFF, COME SEE WHAT WE'VE GOT! 4332 E GARRYANA DR. START AT 8 AM, NO EARLY BIRDS PLEASE!

057 **PCS/Yard Sales**

Must Sell! 2 passenger Burly: excellent way for young children to safely travel via bicycle. Carries up to 100lbs. Designed to reduce chance of roll-over if bicycle tips, features roll-cage, flag, 2-3pt safety belts, storage area, nylon material, great condition - SELL \$100/OBO Call 790-0291, YC

YARD SALE. IOTS OF EVERYTHING FROM BABY CLOTHS TO TODDLER TOYS AND SOME ADULT CLOTHS. VHS TAPES AND KID BOOKS TOO MUCH TO LIST MUST COME AND SEE FOR YOURSELF. 4278 REDMOND WAY ON THE 10TH. STARTING AT 8 AM, AND EARLY BIRDS WELCOME. THANK YOU, IF ANY

This Saturday, Yard Sale at 3181 Altamonte Drive. Starts at 0700 until noon. Baby furniture, toys, men's/women's and boy's clothes and shoes. BDUs chainlink fence, and lots of extra stuff. Come on by.

QUESTIONS CALL ANYTIME ROBBY OR KRISTA @ 788-7542

060 Merchandise/Misc

WHOLESELLER looking for buyers for electrical and gas scooters. All the new models. NO limit or minimum purchase amount. Great deals, and easy to sell at swapmeets. Call 909 229 to place orders.

MONGOOS PRO mountain bike for sale. \$60 OBO call 530 634

2002 John Deer 42 in, Hydrostatic Riding Lawn Mower. It has a 17.5 horse Kohler Motor. Also includes a \$350 double bag system. New it costs \$2280.00 Asking \$1400.00. It was recently professionally serviced and is ready for the mowing season. Call Bob or Gina at 870-7061 or 7063

bgkstephens@comcast.net

Near new tires on stock Chevrolet 6 lug Aluminum wheels. Tires are Les Schwab Wild Country XTX's. They are P245 75R16's. They only have approximately 1500 miles on them. New they were \$465.
Asking \$350 obo for wheels and tires. Call Bob or Gina at 870-7061 or 7063.

bgkstephens@comcast.net

Golf Club Set w/Bag. Taylormade 320 8.5 with new shaft. Titleist DCI 981 3-PW with rifle 6.0 Shaft and mizuno TP Mills putter. \$425 obo. Call 788-9942

060 Merchandise/Misc

WANTED: PUSH MOBILE (aka Trike) for JOGGING/walking ADULTS pushing a mobile CARRYING up to 2 TODDLERS. Sometimes used on rear of bicycle for pulling tots. 788-9968

4 SALE: 8MM CAMERA and LOTS of 8MM EQUIPMENT (camera, carrying case, CAR CHARGER, AC POWER HOME CHARGER, BATTERIES 2hr & 1hr 9ea 8MM Cassettes 8mm Head Cleaner). Call for details and prices. 788-9968

Four custom interior doors with frames. very nice six panel and white. Call Steve at 743-7841, or 300-4092, or 4-1627

Introduction to Sociology book 11th Edition. Great if your getting ready to start classes at Yuba College. Store price for used \$43, III sell it for just \$30. Contact Ricky at 788-9647 if

Washer and dryer for sale will be available on April 23. \$75 obo call 788-0845

NEW - NEVER USED 2 plots at Sierra View Mortuary, Veterans Site, asking \$5,000/OBO 530-

350 ENGINE - 1995 GM crate engine. Serial # 10066036. Stock GM heads, # 93417368 Edelbrock performer intake. Ran OK before pulled from vehicle, probably needs rebuild or rering No carb or fuel pump. \$200 OBO. Also 1972 TH350 transmision. Have all parts, needs rebuild and reseal. \$75 OBO. Terry 788-2523

3 seater garden swing -treated fabric to resist mildew,fade resistant etc \$85.Starbucks coffee machine with thermal carafe \$95 fisher price jumperoo \$34 Graco infant seat \$22 Graco Ouattro tour stroller-\$85 or take both for \$100 Britax Advantage car seat-5lbs to 40lbs. Top of the line seat.\$100 788-0510

SKI BOOTS - women's size 8. Too small for me. Only worn 4xs. Navy NORDICA sport. Fully adjustable. Exc cond. \$75. Great value. 271-5689

SKI BOOTS- Men's size 10.5. NORDICA sport. Exc condition. Worn 2Xs. Green. Fully adjustable. Bought for \$200...asking \$90. 271-5689.

060 Merchandise/Misc

Greddy EVO exhaust for Civic EX/SI's for years 92-2000 2/4 dr's. Great condition \$300. Call 788-0684

Hate to part with Engagement and Wedding ring. Both white gold. Engagement ring Bridge tyle with .50 karat diamond. Deffinately looks different than other rings. Wedding ring is channel style, with 12 diamonds combined equals .27 Karat. Paid \$2500 for the engagement ring itself. Asking \$1500. 788-0684

PCS Sale: Deluxe Glider Rocker w/ottoman almost brand new assy \$75 bought for \$175. Beautiful Bassinet like new \$75. 13in tv \$20. Sony stereo 3disc dual tape deck am/fm \$45. Stereo 3 disc dual tape deck no speakers \$10. Jenny 788-2230.

Selling a black entertainment center. It is a must see! Fits a 32'T.V. The entertainment center has four seperate parts. Bought for 1200.00 Selling for 500.00 or obo. Call Monique 788-1230

The Firm Body Sculpting System 2 w/three dvds, fanny lifter& sculpting stick. Paid \$180 will sell for \$100. If interested please call 788-7553 & ask for Melissa.

Queen size, 5 piece bedroom set. light maple wood color, includes mattress set and frame \$275 OBO. Call 788-2307 or 301-2762.

Kenmore Large Capacity Dryer \$75 OBO. Call Paul 788-9032

Graco 6 speed swing \$20, Aquarium bounce chair \$10, bassinet \$30, exersaucer free if you buy any of the three above, hoover floor mate 1yr old w/manual_xta_filter_soan \$65 bissell vaccume 5yr old \$10, Gateway Solo 1500C notebook 3yrs old,\$450 Call 788-1339

Don't miss out on this deal! \$600.00 Sony Stereo A/V Receiver with all the options \$100.00 o.b.o. GE DVD Player \$30.00 o.b.o., Kenwood 6 Disc player - \$50.00 o.b.o. Boston Acoustics Center Channel Speaker - \$25.00 o.b.o. Placer gold - \$100.00 o.b.o. Call 788-

For sale over sized chair w/ otoman and couch. Blue and white striped. Make offer. Contact Janette or Billy 788-7550.

060 Merchandise/Misc

Callaway Great Big Bertha II Pro Series Driver. Only used three rounds. 8.5 degree with firm flex shaft. No scratches, dings or anything else. Would rate 9.5 out of 10. New sells for \$399.00 will sell for \$250.00 Call 788-9942

For Sale - Dining Room Table with six chairs. Two chairs are still in package. Excellent condition. \$250 Call 673-6915 and leave message

Baby Swing (2 speed, made by Graco) for \$5.00. Call 788-1794

Gas Powdered Edger! Works Good Just needs some TLC.\$60

COMPUTER DESK FOR SALE METAL AND FITS IN THE CORNER, VERY NICE AND STURDY. MUST SEE TO APPRECIATE, CALL ANYTINE TO MAKE ME AN OFFER, I PAID \$200 FOR IT BUT WILL LET GO FOR CHEAPER. THANK YOU, ROBBY AND KRISTA 788-7542.

DELL COMPUTER Pentium 4 1.6 GHd, DDR Ram 384, G Force 5200, 128 Ram, XP Home Edition 17 inch CRT Monitor CD burner, speakers, and Epson Stylus Printer with extra black and colored ink. Asking \$650 OBO. If interested please call John AFTER 3pm (night worker) at 788-2661. Computer in excellent condition!

for sale-girls white w/lilac trim toybox in excellent condition\$15.electric wok\$5,body solid 1/2 cage system with 300lbs weights & bar,leg extenstion, hamstring curl attachment.seated rows.dip station,sit up station,adjustable bench, too many extras to list pd over\$1400 asking \$600 in great condition call 788-0728

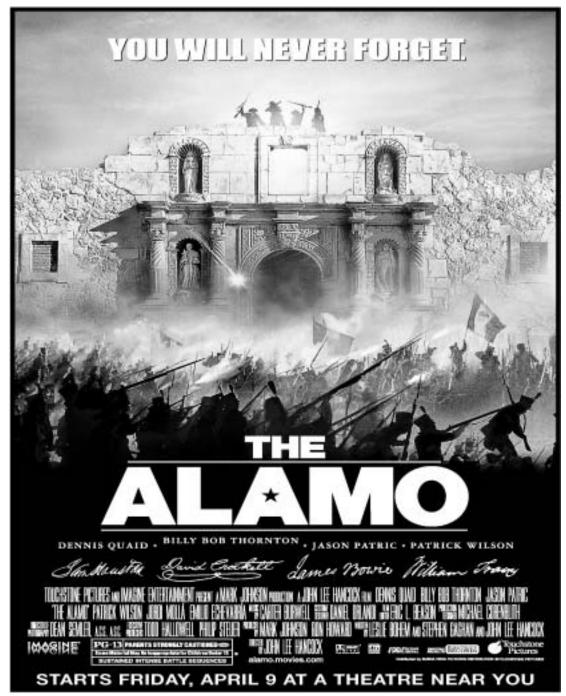
FOR SALE: Whirlpool Heavy duty dryer, works great! \$100, Little tikes bike trailer/stroller,(seats two)\$80, P215/75/R15 Wrangler HT tires on stock Jeep Rims, (set of four)\$100. Please call 530 788 1773 for info.

Dell E770s 17 in. monitor \$35; Lexmark Z11 color printer,no toner \$30; Canon BJC 2000 color printer, new black toner \$30. Please call for details and lv. message at 788-7263.

UNWANTED HOUSE-PESTS???? Let me help you keep your food safe from those bugs with TUPPERWARE We have great deals going on... I can help you save time, money and space. Call me and I will help save your kitchen! Robin Calvert 788-7502

2004 6 High Flyer—Friday, April







"It's a smart decision. I'll help.

'ee man Hie numben. United Way of Hewala County bee If the contributions at home to bely my seighton. It mak oue densitions are used effectively to meet the most aportant community needs. It looks for creative soluti to controusity challenges. United Way of Neoulla County our ount on me this year"



Extension of time to file tax returns

Federal tax return - By Thursday, taxpayers should either file a return or request a four-month extension of time to file, which will give them until Aug. 15. The extension of time to file is not an extension of time to pay.

The extension may be requested by calling the Internal Revenue Service toll free at 1(888)-796-1074, by e-filing a Form 4868, Application for Automatic Extension of Time to File U.S. Individual Income Tax Return that is included in most tax preparation software or by sending a paper Form 4868 to the IRS. Taxpayers are not required to make a payment to get the extension. Taxpayers who request an extension by phone or computer and who wish to make a tax payment will need the adjusted gross income from their 2002

California gives you an automatic filing extension through Oct. 15. You don't need to apply for one. Here's what you should do if you can't file by Thursday:

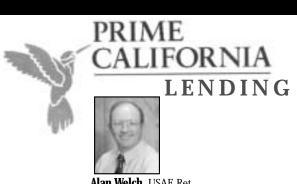
You are due a refund: File your return by Oct. 15.

You have a balance due: Pay the amount you owe by Thursday to avoid penalties and interest. Use Form FTB 3519 to pay amounts owed.

Extension forms and payment vouchers are available at the Beale Tax Center.

As of March 26, total federal refunds came to \$2,150,845, value of services equaled \$244,357 and the center prepared 2,606 tax returns. The volunteer of the week is Master Sgt. Sonny Ramos, 9th Services Squadron.





Alan Welch, USAF Ret.

Cal Vet/VA Programs

- New Homeowners
- Refinancing
- Home Improvements

Toll Free 877-763-7522

Department of Real Estate #01253101

NEWS' BRIEFS'

Retiree luncheon update

The next quarterly retiree luncheon has been rescheduled due to a base exercise. The luncheon will now be held May 20 at 11:30 a.m. at Recce Point. For more information, call Master Sgt. Theresa Banks at 634-2852.

Kindergarten open enrollment

Open enrollment for Lone Tree School and Wheatland Charter Academy Montessori will begin April 20-22 from 9-11 a.m.

Sign up in the multi-purpose room at Lone Tree. To register your child, bring proof of birth, immunization record, and your child's social security number. Your child's fifth birthday must be before Dec. 2, 2004 in order to be eligible to enroll. For more information, call Lone Tree School at 788-0248.

Airmen's Attic re-open

Located at 5114A Tern Court, the Airmen's Attic is open every Monday, Wednesday and Friday from 1 to 5 p.m. and is for E-5 and below

only. Donations are always needed. For more information, call 634-5640.

Give Parents a Break **Program**

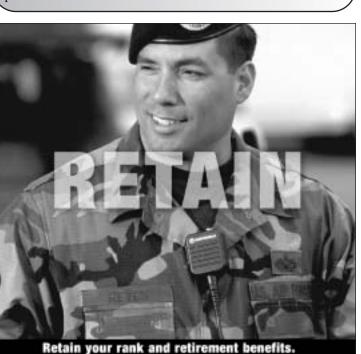
In order to provide support to the at-home parent during deployments and remote tours of duty, the Air Force Aid Society has funded an opportunity for parents to get a monthly 6-hour break from the demands of parenting.

"Give Parents a Break" provides families enrolled in the program with six hours of free childcare at the Beale Child Development Center.

It is open to children between the ages of 6 weeks to 12 years and is normally held on the second Saturday of each month (except for holiday weekends) from 9 a.m. to

The member's spouse must come to the family support center to receive the voucher. For more information, please contact the family support center at 634-2863.

Schedule for "Give Parents a Break" Program: May 8, June 12, July 10, Aug. 14, Sept. 11, Oct.2, Nov. 6, Dec.



Once you've decided to leave the military, think about ng above and beyond with a part-time job in the

800-AFR-8279 * www.afreserve.com/prior

Life-Changing Christian Teachings Judah

Ministries

Garfield H. Vassell, Pastor

YOU are always WELCOME

TIME AND LOCATION:

Sunday - 11:15

Best Western/Bonanza Inn Convention Center 1001 Clark Avenue • Yuba City, CA

(530) 788-1503

PRICE POLICE

Prices So Low They Seem Illegal



CELEBRATE

With Us On

EASTER



We will meet or beat any advertised price

Your ticket for the **Best Deal is at**

Grass Valley Ford

800 South Auburn • Grass Valley (530) 273-3326

2004 ACC Bowling Competition Finalists

Beale's SSgt Brian Hoffman and MSgt Don Payne qualified for the **2004 ACC Bowling Championship** at **Beale**

Club

Lanes Bowling Center.

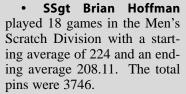
These winners will progress forward to compete at Davis-Monthan AFB, AZ from April 6 to 10, 2004. Both bowlers said they have bowled since they were stati

small children. They were very enthusiastic about the competition and mentioned that they really appreciated

the renovation that was just completed at Beale Lanes. Congratulations SSgt Brian Hoffman and MSgt Don Payne! Their statistics were as follows:



SSgt Brian Hoffman



• MSgt Don Payne played 18 games in the Men's Handicap Division with a starting average of 166B and an ending average of 191.61 with a handicap of 34. The total pins were 4061.



MSgt Don Payne

Aero Club Safety Meetings

The **Aero Club** conducts periodic meetings that fulfill a monthly requirement to discuss aviation safety and recent incidents in a structured environment. Presentations are



given by staff, wing personnel, and outside experts in the aviation field. The meetings are free. The next Safety Meeting will be on April 24 at 9 a.m. There will also be a meeting on May 22 at 9 a.m.

The Aero Club also offers instructional programs for the public. Everyone can to learn to fly! Contact the Aero Club and find out details about how you can dedicate some time to learning to fly.

AIR FORCE SERVICES

Don't hesitate, pick up the phone and dial **634-9011** to get more details on the meetings or instructional classes.



2004 Air Force Club Membership Scholarship Program



The competition begins on April 15, 2004. Gear up and prepare to win. **AF Services** is conducting the eighth annual Club Membership Scholarship Program. Six scholarships will be awarded. First prize is \$6,000, second is \$5,500, third is \$4,500, fourth is \$3,500, fifth is \$3,000, and sixth is \$2,500. These prizes are made possible through Commercial Sponsorship provided by **Bank One, Coca-Cola,** and **Mastercard** (no federal endorsement of sponsors intended). Entries must include the Club member's name, last four digits of his or her Club membership card account

ust include the Club member's name, last four digits of his or her Club membership card account number, base, club name, and the entrant's full name with mailing address and phone number. If the entrant is someone other than the Club member, state his or her relationship to the member and provide his/her social security number.

Once the competition begins the entrants must provide an essay of 500 words or less on the following topic: "What Freedom Means to Me". This requirement is strictly enforced. Nominees must also provide a single-page summary of their long-term career/life goals, and accomplishments which may include civic, athletic, and academic awards. Submit entries to the Beale AFB, Services Commander, Major Bobby Suell, by July 15, 2004.

Contact Recce Point Club for details at 634-4948.

Presents:

NITE LIFE

FRIDAY

9 p.m.-1 a.m. Featuring
Karaoke!

SATURDAY

9 p.m.-1 a.m. Featuring

Nite Life

Entertainment

Coyote Pub & Grill 788-0936

DJ music!



Earth Week

Endangered Species Display

4/26 • All day • Free

Wander through the Community Center lobby and check out what species are on the endangered list.

Clean Up Beale Day

4/27 • 10 a.m. • Free

Groups of two or more can come by the Community Center to pick up trash bags, and gloves. Then head out on the road or trail on base that you would like to clean up. Help keep Beale beautiful!

Earth Day Family Night

4/28 • 5:30-7:30 p.m. • \$8.95 Adults • \$4.50 Children Enjoy activities like a bounce house, crafts, games, and bring an item of clothing that you would like to tie-dye. There will also be prizes.

Chalk Art Day

4/29 • All Day • Free

All ages are invited to come to the Community Center to decorate the sidewalks with their best "Earth Art".

Earth Day Coffee N' Kids Stuff

4/30 • 10 a.m. • Free

Bring your children to Jamocha Mona's to participate in making some fun earth crafts.



Air Force X-Treme squad selections!

Air Force X-Treme Competition Cheerleading and Dance Team are beginning squad/team selections! This is an opportunity for Beale youth to be a part of the only All-Star cheerleading and dance teams in the Air Force!

AFX Competition Cheering is looking for 3rd to 9th grade students (04-05 school years) to try out. The tryouts are being held from May 17-21, 2004, on Monday through Thursday from 6-7:30 p.m. The squad selection will be done on May 21, beginning at 4:30 p.m. The fee is \$15, which includes a T-shirt on the final day. Cheer season runs from June 2004 through of March 2005.

AFX Hip Hop Dance, which is new this year, is looking for 7th to 12th grade students (04-05 school years) to try out. The tryouts are being held from May 24-27, 2004 on Monday through Wednesday from 6-7 p.m. The team selection will be done on Thursday May 27. beginning at 5 p.m. The fee is \$10, which includes a T-

shirt on the final day. Dance season runs from June 2004 through of March 2005.

The squad and team are both coached by experienced, certified instructors. These sports are intense and require X-Treme dedication! There will be a parents meeting on April 26, 2004 at 6 p.m. at the Youth Center. It is recommended that any parent with an interested child attend the parents meeting. Cheer registration will begin on April 19, and will end on May 10. Dance registration will be held on May 17 for Dance. A current sports physical is required before you register. If you have any questions please contact

Belinda Hudgens at 634-

MIDNIGHT BASKETBALL

9MUNS vs. TEENS

SATURDAY, APRIL 24TH

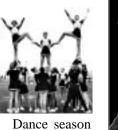
• 10 PM-12 AM

• AGES 13-18

• FREE MEMBER

• \$1 Non-member

4953 at the **Youth Center.**





Zeterimar:



Jack & Jill Tourney, 4/17 10am • \$30/Team*

Person Scramble Tourney, 5/8 8am • \$15/Person*

2 Person Better Ball, 5/15 8am • \$15/Person*

Jack & Jill Tourney, 5/23 10am • \$30/Team

Red Tee Tourney, 5/29 8am • \$35/Person*

(does not include green or cart fee

Coyote Run Golf Course 788-0192



A craft will be included with Story Time. Also take some time to check out the new family videos. Check out is free!

Hub Zemke Memorial Library 634-2314



OUTDOOR ADVENTURE CENTER

Friday, April 23rd Noon to 6 pm

Come preview all of OAC's new equipment and new programs for this coming spring and summer.

Food, music, and fun, plus vendors from Centurion Ski Boats, Wolf Creek Wilderness Kayaks, Tyrolea Skis, Head Skis and much more!

Outdoor Adventure Center



Enjoy a custom fishing trip with Outdoor Adventure Center on the Sacramento River. Brand new 20' Custom Weld Fishing boat. A full day of fishing awaits the true fishing enthusiast or those who would like to learn the sport. Includes equipment, bait and guide. Bring a sack lunch and beverages for the day. Limited to 4 people.

Call Chad for more info at 634-2054

Saturday, April 24th 7:30 a.m.-8:30 p.m. \$15 • Sign up deadline 4/22 Tour the beautiful grounds of the **Ironstone Vineyards and other** Calaveras Wineries. Located in the Gold Country of the Sierra foothills,

Calaveras Wineries produce some of the finest premium grapes and award-winning wines in the world. Best of all, the tasting is free. You must be 21 or over to attend.

> Outdoor Adventure Center 634-2054

NAF EMPLOYMENT **Positions**

Bartender

HUMAN RESOURCES 634-2316

• Cashier-Checker

- Child Development Program Assistant
- Club Operations Manager
- Club Operations Assistant
- Custodial Worker
- Food Service Worker
- Recreation Assistant
- Rod & Gun Club Manager
- Waiter

These positions are available now through the NAF Human Resources office. Stop by and complete an application if you are interested in any position.

Youth Performing Arts Classes Sat (All ages) Tue (ages 5-8) Wed (ages 9-12) \$35 per month Classes are held at various times call the Community Center for details. Learn theatrical dance & performance Learn Jazz, Hip Hop, Reggae, Routines, Classical, Step & Skits Community Center • 634-3140

START SMART

The **Right Start!**

Thursday, April 22nd • \$25 10-10:45 a.m. • Ages 3 & 4

6

This is a proven instructional program that prepares children for the world of organized sports without the threat of competition, or the fear of getting hurt. Parents work together with their children in a supportive FUN environment to learn all of the basic skills; throwing, catching, batting, running etc. Spend quality time with your child while learning how to properly teach and support them in sports. Start Smart Baseball begins on April 22, and runs every Thursday for six weeks. Meet at the Youth Center Little League field.

Spaces are limited so sign up now! Youth Center 634-4953

Spaghetti Dinner
& Art Auction

SHOW UP AND YOU'LL GET TO PLAY!

YOUTH CENTER

634-4953



Friday, April 23rd • 6-8 p.m.

with all the fixings and an art auction with priceless pieces of Children's art! There will be entertainment throughout

\$5 Adults • \$3 Children (3-12 yrs.) • Free Under 3 An event for the entire family! Enjoy a spaghetti dinner the event. This event will be held at the Community Center.

Youth Center • 634-4953



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FSC to host volunteer appreciation picnic

By Airman 1st Class Joseph De Vega 9th RW Public Affairs

The Beale Family Support Center will hold a Volunteer Appreciation Day Picnic and Fair April 16 from 10 a.m. to 1 p.m. at the community center.

The appreciation day will be held to kick off the National Volunteer Week, which occurs April 18 to 24.

"We usually sponsor an annual picnic to say 'thank you' to the many volunteers who donate countless hours in the local community," said Elizabeth Kim, 9th Mission Support Squadron community readiness consultant and volunteer program manager.

"This year, I decided to add a fair element to our event, affording those people who are interested in volunteering an opportunity to visit and learn about volunteer agencies."

The fair will present the following 13 on and off base volunteer organizations:

Big Brother and Big Sister American Red Cross

Marysville Police Department City of Yuba City Central Valley Homeless Veterans Assistance

Yuba Sutter Habitat for Humanity

Americorps Yuba College Foster Youth program

Lone Tree after school program

Beale Youth Center

Casa De Esperanza City of Marysville

Yuba-Sutter Family YMCA **Beale Cub Scouts**

"The 13 volunteer agencies are looking forward to speaking with team Beale members," said Ms. Kim. "They will also be recruiting military personnel for many of their activities."

In addition to the various booths, the family support center will also have a picnic barbecue, which will start at

All Team Beale members, especially volunteers, are welcome to attend this event.

For more information about this event, call 634-5643.

Make the call. BAADD 634-5555

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FAMILY SUPPORT CENTER

The Beale Family Support Center offers an array of services such as a resource room, relocation videos and information, a computer room, family services, a job board and a lending library. All classes require pre-registration unless otherwise noted. To register, call 634-2863.

Mutual Funds and You

Mutual Funds and You picks up today from 2 to 4 p.m. where Basic Investments left off. In this second part of the two-part series, learn the basics of investing for first timers, pros vs. cons of various types of mutual funds, how to evaluate funds, and how to compare and select your investments.

TAP seminar

Whether retiring or separating, military members can ease their transition into the civilian community by attending the next transition assistance program seminar Monday from 8:30 a.m. to 4 p.m. and Tuesday to April 16 from 8 a.m. to 4 p.m. In addition to job-related topics, briefings are provided on other relevant subjects such as VA benefits. Students may wear civilian clothes and spouses are encouraged to attend. Medical records can be reviewed at service member's request.

Volunteer recognition fair

The Beale Volunteer Recognition Fair is scheduled for April 16 from 10 a.m. to 1 p.m. at the community center. The fair will feature volunteer organizations on and off base.

Car buying seminar

The car buying seminar, presented April 21 from 6 to 8:30 p.m. offers information on selecting the right vehicle, financing options, working with salespeople and private parties, researching vehicle history and reliability, and negotiating the best deal.



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Hospice of the Foothills
530-272-5739 For ways to help





www.bealeservices.com

Friday 4/9

Friday Night Dining 5-7:30pm • **Recce Point Club** • 634-4948

Air Force Racquetball If you want to compete, the 303 form is due on April 9, 2004. • Harris Fitness Center • 634-2258

Nite Life Entertainment 9pm-1am • Featuring DJ music! • Coyote Pub & **Grill** • 788-0936

Paintball

\$15 each (Full rental & field fees) • \$10 groups of 20 (Full rental & field fees) \$7.50 (Field use only) Paint: \$15/500 rounds \$55/2000 rounds. Rod & Gun Club 788-2473

Cosmic Bowling!

9pm-midnight Black lights, strobes, fog, music, music videos, & everything glows! Beale Lanes • 634-2299

U-2 Can Bowl, Reno Couple's League

Beale Lanes • 634-2299

Military Family Member **Bowling Time**

9-11am Military family members can bowl for 1/2 "open bowling" price; \$1/game & 50¢ for shoes. Children 7 & under bowl free.

Beale Lanes • 634-2299

<u>Lunchtime Bowling</u> **Special**

11am-1pm • Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. **Beale Lanes** • 634-2299

Chili Friday

11am-1pm • \$2 Hot Dog \$2.50 Chili Dog • \$2 Chili Bowl • Rod & Gun Club 788-2473

Coffee N' Kids Stuff

10am • Free (Coffee optional fee) • Parents can purchase a cup of famous Jamocha Mona's coffee & enjoy educational interaction with their children. • Community Center • 634-3140

Saturday 4/10

<u>Easter Egg-</u> <u>Stravaganza</u>

10am-2pm • Free Events include an Easter egg hunt for all ages, bounce house, live DJ, crafts, games, prizes, & food.

Community **Center** • 634-3140

Youth Performing **Arts Classes**

Classes are held at various times. Call for details. \$35/mo/every Sat This class is for all ages. Learn theatrical dance & performance; Jazz, Hip Hop, Reggae, Routines, Classical, Step & Skits.

Community **Center** • 634-3140

Cosmic Bowling!

7pm-midnight Black lights, strobes, fog & everything glows! Enjoy all the latest Rock, Country, Rhythm music plus music videos. **Beale Lanes**

634-2299 **All Star Bowling**

League (Juniors) 4pm • Bèale Lanes • 634-2299

Nite Life <u>Entertainment</u>

9pm-1am Featuring Karaoke! Coyote Pub & **Grill •** 788-0936

<u>Paintball</u>

\$15 each (Full rental & field fees) \$10 groups of 20 (Full rental & field fees) • \$7.50 (Field use only) • Paint: \$15/500 rounds ~ \$55/2000 rounds The game is on! A huge blast of color & a little bit of pain, that's your game.

Rod & Gun Club 788-2473

SUNDAY 4/11

Easter Brunch Buffet

10:30am-2pm \$16.95/person \$5.95 children 12 & under Members receive \$5 discount This is a Club Member Event! Reservations are required. Space for walk-ins will be limited. • Non-members are welcome to join! There will be live music & a kid's raffle. Recce Point Club 634-4948

Family Night at the **Contrails!**

4-6pm • Family Night Dining at the Contrails Inn is open to all enlisted members E1-E9 & their families. It is also open to spouses & family of deployed enlisted members. Spouses, please bring a copy of deployed orders. **Contrails Inn** • 634-2537

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(PHONE: 788-0936)

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(PHONE: 634-2304)

Even Later? Still Hungry?

GOLD COUNTRY INN has a snack bar/vending area just inside the front door that is open 24 hours a day!

(PHONE: 634-2953)

Monday 4/12

<u>Military</u> **Family Member**

Bowling

<u>Time</u> 9-11am Military family members can bowl for 1/2 "open bowling" price; \$1/game & 50¢ for shoes.

free **Beale Lanes** 634-2299

Children 7 &

under bowl

Lunchtime **Bowling Special**

llam-lpm Active Duty, Reserve. National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. Beale Lanes

Lady's Reno **Bowling** League

634-2299

6:30pm Beale Lanes 634-2299

Gymnastic <u>Classes</u>

Beginning Gym Ages 6 & up 5:30-6:30pm \$40/mo Advanced Gym 6:30-7:30pm \$40/mo Held at the Omni Youth Center 634-4953

634-3140

Tae Kwon Do &

Hapkido 6-7pm \$45/mo Community School. Center

Tuesday 4/13

Youth Performing Arts <u>Class</u>

\$35/mo/every Tue • This class is for ages 5-8. Classes are held at various times. Call for details. Learn theatrical dance & performance; Jazz, Hip Hop, Reggae, Routines, Classical, Step & Skits.

Community Center 634-3140

Military Family **Member**

Bowling Time 9-11am • Military family members can bowl for 1/2 "open bowling" price; \$1/game & 50¢ for shoes. Children 7 & under bowl free. **Beale Lanes** 634-2299

Lunchtime Bowling Special

llam-lpm Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes.

Beale Lanes 634-2299

<u>Learn to Bowl</u> League

1pm Beale Lanes 634-2299

Adult Jazz Class 7-8pm • \$25/mo Community Center 634-3140

Youth Tae Kwon **<u>Do</u>** 6-7pm • \$45/mo

(Tues & Thurs) Ages 5-18 • Held at Lone Tree Youth Center

634-4953

Wednesday 4/14 Youth Performing

Arts Class Classes are held at various times.

Call for details. \$35/mo/every Wed • This class is for ages 9-12. Learn theatrical dance & performance; Jazz, Hip Hop, Reggae, Routines, Classical, Step & Skits.

Community Center • 634-3140

Military Family Member Bowling <u>Time</u>

9-11am • Military family members can bowl for 1/2 "open bowling" price; \$1/game & 50¢ for shoes. Children 7 & under bowl free. • Beale Lanes • 634-2299

<u>Lunchtime</u> **Bowling Special**

11am-1pm Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. **Beale Lanes** 634-2299

Home Study **Bowling League** (Juniors)

12:30pm • **Beale** Lanes • 634-2299

Men's Handicap **Bowling League** 6pm • Beale Lanes • 634-2299

Steak Sandwich <u>Day</u>

llam-lpm \$4 Sandwich \$5 Sandwich & BBQ Baked Beans Rod & Gun Club 788-2473

Tae Kwon Do & **Hapkido**

6-7pm • \$45/mo Community **Center** • 634-3140

Thursday 4/15

Veterinary Clinic Day Please call for an

appointment. **Veterinary Clinic** 634-2104

Paramount's Great America, 4/17

7am-9pm • \$30 (Ticket & transportation) Sign up deadline 4/15 **Outdoor Adventure** Center • 634-2054

Military Family Member Bowling <u>Time</u>

9-11am • Military family members can bowl for 1/2 "open bowling" price; \$1/game & 50¢ for shoes. Children 7 & under bowl free.

Beale Lanes 634-2299

Lunchtime Bowling Special

11am-1pm • Active Duty, Reserve, National Guard, retired Military & DoD Civilians can bowl for 50¢/game & 50¢ for shoes. • Beale **Lanes** • 634-2299

Youth Tae Kwon Do

6-7pm • \$45/mo (Tues & Thurs) • Ages 5-18 • Held at Lone Tree School. • Youth Center • 634-4953

Gymnastic Classes

Beginning Gym • Ages 6 & up • 5:30-6:30pm \$40/mo • Advanced Gym • 6:30-7:30pm \$40/mo • Held at the Omni. • Youth Center 634-4953

Kinder & Pre-school **Gymnastic Class**

Kinder Gym • 5-5:30pm \$25/mo • Age: 5 • Preschool Gym • 4:30-5pm • \$25/mo • Ages 3-4 • Held at Omni. **Youth Center** 634-4953

Chess Night

5-7pm • Free • Learn to play chess or compete against other players. • Community **Center** • 634-3140

Fight a spoiled spring with Easter egg safety tips

By 9th Medical Group public health flight

t will soon be time for decorating eggs and traditional Easter egg hunts. The 9th Medical Group has some tips to make sure the holiday isn't spoiled by foodborne illness.

To avoid the possibility of foodborne illness, fresh eggs must be handled carefully. Even eggs with clean, uncracked shells may occasionally contain bacteria called salmonella that can cause an intestinal infection.

The most effective way to prevent egg-related illness is to know how to buy, store, handle and cook eggs - or foods that contain them - safely. Mishandling eggs at Easter can provide ample opportunity for eggs to become contaminated with this bacteria.

The Food and Drug Administration has classified raw and cooked eggs as potentially hazardous foods and improperly cooked eggs increase the danger of salmonella food poisoning.

Here are some tips from the Center for Disease Control and Prevention on how to safely handle eggs at Easter time and throughout the

- Keep fresh eggs refrigerated until it's time to cook them. Eggs are a potentially hazardous food in the same category as meat, poultry, fish and milk. In other words, they are capable of supporting the rapid and progressive growth of disease-causing bacteria like salmonella.
- To hard-boil eggs, simmer them in 185 -190 degree water. Cool them in cold water or by air. Although air-cooled hard-boiled eggs are considered to be no longer potentially hazardous food, the American Egg Board recommends you refrigerate all hard-boiled eggs, just to be on the safe side.
- Do not handle eggs excessively, and wash your hands thoroughly when you do handle them, whether in cooking, cooling, dyeing or

hiding. Most commercial egg producers lightly coat their eggs with a thin spray coating of mineral oil to close the pores against contamination. Cooking the eggs in the shell removes that barrier, so that your hard-boiled eggs are again prone to contamination unless you protect them by proper handling.

- Whatever the style of preparation, eggs should always be well cooked. The FDA recommends cooking eggs until both the yolk and the white are firm and not runny. Cooking eggs to this texture will destroy any salmonella or other harmful bacteria that may be present.
- The American Egg Board recommends extreme care in choosing hiding places for Easter eggs. Make sure to avoid areas where eggs might come into contact with pets, wild animals, birds, reptiles, insects or lawn chemicals. Egg suppliers offer precooked Easter eggs, decorated or plain, that are resin-coated for extra protection against contamination.
- If you won't be coloring your eggs right after cooking them, store them in their cartons in the refrigerator. Refrigerate them after they have been hidden and found.
- Don't eat cracked eggs or eggs that have been out of refrigeration for more than two hours.
- If you plan to use hard-boiled eggs as a centerpiece of other decoration, cook extra eggs for eating and discard the eggs that have been left out for many hours or days as a decoration.

Please remember that eggs are considered a potentially hazardous food, which means they need to be kept refrigerated, cooked and properly handled. Have a great Easter season.

For more information, call the 9th MDG public health section at 634-2433.

Friday evening **Twisted**

(R)

Ashley Judd, Samuel L. Jackson Police detective Jessica Shepard tracks a serial killer who murders the men she dates. When Jessica begins blacking out before each murder takes place, her partner, Mike Delmarco, and the police commissioner target her as the main suspect.

Saturday matinee Confessions of a Teenage Drama Queen (PG)

Lindsay Lohan, Adam Garcia New York City teenager Lola is the most popular kid around and assumes that will always be the case. But, when her family moves to the suburbs, she finds that at her new school there will be some fierce competition for the title of drama queen in resi-

Saturday evening Eurotrip **(R)**

Scott Mechlowicz, Michelle Trachtenberg Scott thinks his German pen pal is a guy. But when he discovers that Mieke is actually a hot babe, Scott and his buddy, Cooper, buy plane tickets and head across the Atlantic to

Matinees play at 1 p.m. All other movies play at 7:30 p.m. The cost is \$3 for adults & \$2 for children.

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Foothills Chapel

15001 Camp Beale Highway (Family housing area)

Traditional Protestant Worship Service..... Sundays, 8:45 a.m. Catholic Mass Sundays, 10:30 a.m. and 5 p.m. Catholic Reconciliation Sundays, 10 a.m and 4:30 p.m. Catholic Daily Mass Mondays through Fridays, 11:30 a.m.

Valley Chapel

6199 C St. (Main base)

Islamic Prayer Fridays, 1 to 2 p.m. Gospel Worship Service Sundays, 11 a.m. Protestant Contemporary Service Sundays, 6 p.m.

(includes children's church)

Bible study groups: The entire family - Wednesday, Valley and Foothills 7 to 8 p.m. flight line - Tuesday/Thursday, 9th Maintenance Group conference room, Bldg. 1086 11:30 a.m. main base - Wednesday, Valley 11:30 a.m. Men - Sunday, Valley, 5 p.m. and 1st Thursday, Valley, 6:30 a.m. (with breakfast). Women – Tuesday, 9 to 11 a.m. (children welcome). CWOC – first Friday of month 6:30 p.m. Foothills.

Approved Workmen Are Not Ashamed is a Bible-based club for ages 3 thru High School which runs during the school year at the Foothills Chapel. JV AWANA for Jr/Sr High meets every Monday evenings and AWANA Clubs meet every Tuesday evenings. For further information, call the AWANA Ministries office at 634-0924.

Protestant Sunday school is held Sundays from 10:30 to 11:30 a.m. at Lone Tree School. For more information, call Denise Stewart at 788-0088.



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Sunday School Sunday Worship Wednesday Bible Study Church Office 749-2834

9:30 AM 11:00 AM 6:30 PM

If No answer, Call Pastor Dorn (916) 427-2605

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Wheatland Southern

Baptist Church

712 Olive St, Wheatland Behind Bear River Middle School Pastor Rick Daugherty 633-4338

Sunday School, 9:00 AM Morning Worship, 10:15 AM 'Come and join the family'





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Christian Science Services

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Wednesday Testimony Meeting

7:30 p.m.

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Easter schedule

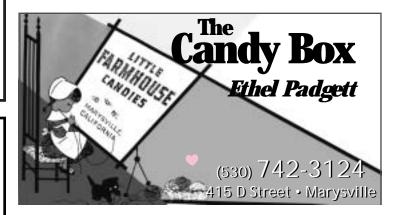
(All events held at the Foothills Chapel unless otherwise noted)

Catholic community

Stations of the Cross April 1, 5:30 p.m. Palm Sunday Masses April 4, 10:30 a.m. and 5 p.m. Holy Thursday MassApril 8, 8 p.m. (Adoration following Mass) Good Friday ServicesApril 9, 3 p.m. Easter VigilApril 10, 8 p.m. *Easter Sunday MassApril 11, 10:30 p.m. (Children's Easter egg hunt following Mass) (*No evening mass)

Protestant community

Sunday School Easter Pagent	April 4, 8:45 a.m.
Easter Sunrise Service	April 11, 5:45 a.m.
Traditional Easter Service	April 11, 8:45 a.m.
Gospel Easter Service	April 11, 11 a.m.
Contemporary Easter Service	April 11, 6 p.m.
(Gospel and Contemporary Services will be at Valley Chapel)	



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EFFECTIVE from page 2

anti-terrorism is everyone's responsibility. At least two of the unexploded devices found during the recent bombings in Spain were left in unattended backpacks. With a little vigilance, lives could have been saved.

If you were standing outside the base exchange and found an unattended bag, would you become suspicious? Would you report it or move people away from the area?

In every anti-terrorism class I've ever instructed, I repeat the same message: I'd rather be embarrassed to have reported something that turned out to be harmless than to live with the fact I could have saved somebody's life and failed.

The expectation that our government can stop every single act of terrorism is unrealistic. As Air Force members, the expectation that security forces or the Air Force Office of Special Investigations, our counter-terrorism experts, can single-handedly thwart a well-planned terrorist event is similarly unrealistic.

That doesn't mean we're incapable of protecting ourselves. What we can and should do is work collectively to identify and report incidents that raise our suspicions. We can stop events before they occur and steal the initiative from the enemy.





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Home & Garden Show

April 24th & 25th FREE Admission
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Family Day

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SHOW

ilgn Fiyer—Friday, April 9, 2004

At the beautiful Nevada County Fairgrounds
Check out our website at www.theunion.com/homeshow • 477-4245

Home & Garden Show

Come join the fun and festivities and enter drawings for fabulous prizes from these local businesses!

Bald Mountain Nurseries Rose Bushes (3)

Budget Blinds\$500 Gift Certificate

Little Beaver Stump Grinding \$150 Gift Certificate

Galens GiftsGift Certificate

Hague Water SystemsWater Purifier

Jeff Stoops Refinishing\$125 Gift Certificate

SIP Home Systems\$2000 Design Pkg.

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- Come build a birdhouse with Hills Flat Lumber
- Pots and flowers with B&C Home & Garden Center
- Stepping stone design with Meek's Lumber
- Go climb a rock... Environmental Alternatives
- Bounce around with Moon Jumps and more...

Fun family entertainment all day long!

April 24 & 25 Sat. 10-5 Sun. 10-4 Nevada County Fairgrounds

For more information please call 530.477.4245

High Flyor Friday April 0 2004



SATURDAY, APRIL 10 7:00 PM -OR-

Celebrate Easter With Heritage Church

Easter Egg Hunt 4000 eggs! Giant Slide Bonnes

Community Easter Event

Sunday, April 11

9:00 AM -12:00 PM -- Children's Easter Event 9:00 AM -- Egg Hunt

Lincoln Community Center

The Easter Event and Easter Musical are both FREE Admission

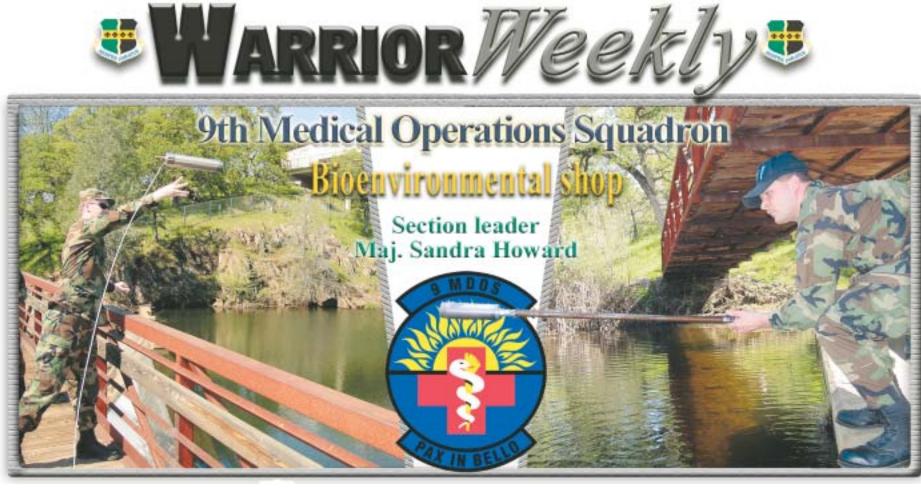
14—High Flyer—Friday, April 9, 2004

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Bioenvironmental warriors protect the wing

9th RW Public Affairs

At deployed locations throughout the world, bioenvironmental engineering personnel play a critical force protection role. At Beale, the BE element's force protection mission is similar to their mission during deployments.

The 9th Medical Operations Squadron bioenvironmental engineering flight provides operational health risk assessment expertise to enhance commander's decisionmaking and health service support capabilities. Their mission is both challenging and rewarding.

"It's especially challenging at newly established sites where the potential hazards have yet to be identified," said Maj. Sandra Howard, 9th Medical Operational Squadron bioenvironmental engineering element chief. "Our goal is to keep the 9th Reconnaissance Wing healthy and safe from occupational and environmental hazards."

The 11-man element works closely with local organizations both on and off base to address and prevent occupational and environmental illnesses and injuries. They use a

wide variety of surveillance equipment and laboratory support to provide occupational health, environmental protection, radiological surveillance and disaster preparedness services.

"Our work days are far from routine and often unpredictable," said Master Sgt. Stacy Sumner, BE element noncommissioned officer in charge. "BE personnel understand the importance of being flexible and prioritizing their workload."

Some of the occupational health services they provide include heat stress monitoring, respirator fit testing, ventilation surveys, hazardous material exposure assessments, noise surveys and confined space entry reviews. BE personnel also interpret and provide clear guidance regarding Occupational Safety and Health Administration compliance requirements.

"Identification, evaluation and the control of exposures are critical to preventing occupational illnesses and injuries," said 1st Lt. Eric Maresh, BE element deputy

BE personnel are also involved in a variety of environ-



Brig. Gen. Rudy Wright, 9th Reconnaissance Wing commander, and Col. Robert Carroll, 9th Medical Group commander, cut the ribbon officially opening the new 9th MDG bioenvironmental flight building recently. (Photo by Airman 1st Class Joe De Vega)

mental protection programs including drinking water surveillance, storm water monitoring, hazardous waste characterizations, lead-based paint evaluations, asbestos analysis and soil sampling.

"We have a great working relationship with civil engineering's environmental flight, which is critical to the success of our programs," said Major Howard.

"Radiation, like many other hazards, can present both occupational health and environmental concerns."

Major Howard and Lieutenant Maresh serve as the wing's radiation safety officers. They and their staff are responsible for both ionizing and non-ionizing radiation surveillance, laser hazard evaluations, radiation safety training, radioactive waste disposal and radioactive material permit compliance.

"Since 9-11, disaster preparedness has become one of our highest priorities," said Lieutanant Maresh.

BE personnel have accepted and recognized the challenges associated with preparing for weapons of mass destruction incidents. They're constantly in search of the latest in detection technology, personal protective equipment and disaster response training.

Another high priority for BE personnel is Quantitative Gas Mask Fit-Testing. They provide QNFT and contribute to the overall preparedness of deploying personnel.

Recently, the BE element moved into a new \$640,000 building. The new facility provides twice as much floor 🖺 space, a state of the art laboratory, conference room and a designated area for QNFT.

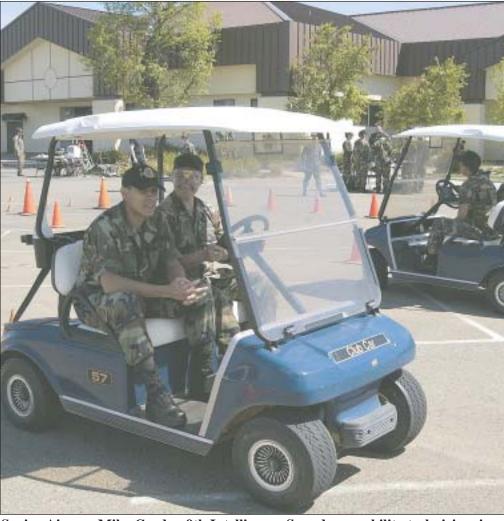
"The new facility will en- 🔄 able us to efficiently manage both the occupational and environmental health programs, **>** greatly enhancing our ability 1. to meet Air Force needs and the needs of the base population," said Col. Robert Carroll, 9th Medical Group commander.

VARD, AWARENESS: BASE C



People gather information from the 9th Services Squadron child development center booth located inside the community center. (Photo by Tech. Sgt. Kevin Milliken)



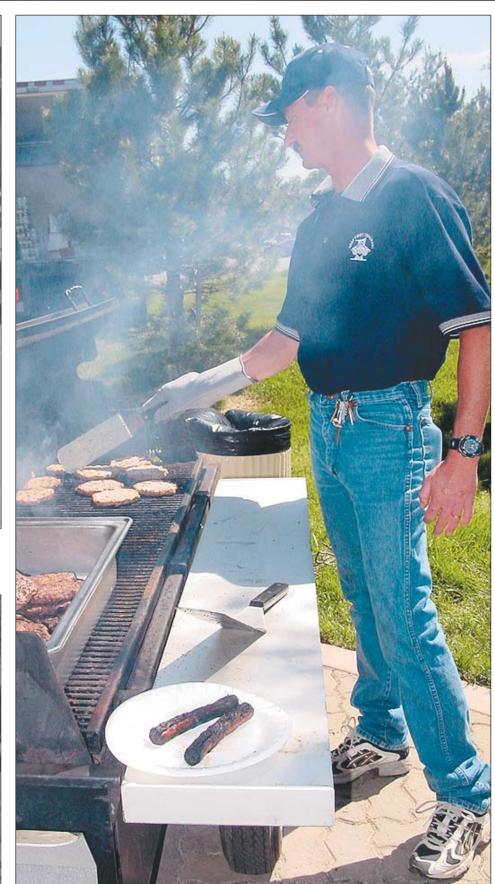


Senior Airman Mike Corder, 9th Intelligence Squadron mobility technician, is gu through a golf cart course wearing DUI glasses. The course simulates the effects while intoxicated. (Photo by Tech. Sgt. Kevin Milliken)



Senior Master Sgt. Jennifer Lucero, 9th Medical Group first sergeant, takes a tray to food at the barbecue. First sergeants were among the people cooking hamburgers and for the hundreds of Team Beale members that attended. (Photo by Tech. Sgt. Kevin Mi

OMES TOGETHER TO CELEBRATE E, FOCUS ON SEASONAL SAFETY



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Master Sgt. William Lee, 9th Services Squadron first sergeant, grills up hamburgers and hot dogs for Team Beale members behind the community center during the safety fair and Commander-In-Chief Installation Excellence Award celebration barbecue. The fair gave everyone a chance to learn more about staying safe and also welcomed members to a free lunch in celebration of Beale's selection as winner of the 2004 Air Force CINC IEA. (Photo by Airman 1st Class Joe DeVega)



Tech. Sgt. Patrick Glass, 9th Civil Engineer Squadron explosive ordnance disposal journeyman, shows Team Beale members different types of explosives at the EOD booth. (Photo by Airman 1st Class Joe De Vega)



Brig. Gen. Rudy Wright, 9th Reconnaissance Wing commander, and Col. Darryl Burke, 9th RW vice commander, take time to chat with members of the 9th CES fire protection flight at the fire safety booth. (Photo by Tech. Sgt. Kevin Milliken)

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